And they took their journey from Elim, and all the congregation of the children of Israel came unto the wilderness of Sin, which [is] between Elim and Sinai, on the fifteenth day of the second month after their departing out of the land of Egypt.

2 And the whole congregation of the children of Israel murmured against Moses and Aaron in the wilderness:

3 And the children of Israel said unto them, Would to God we had died by the hand of the LORD in the land of Egypt; when we sit by the flesh pots, [and] when we did eat bread to the full; for ye have brought us forth into this wilderness, to kill this whole assembly with hunger.

Then said the LORD unto Moses, Behold, I will rain bread from heaven for you; and the people shall go out and gather a certain rate every day, that I may prove them, whether they will walk in my law, or no.

And it shall come to pass, that on the sixth day they shall prepare [that] which they bring in; and it shall be twice as much as they gather daily.

And Moses and Aaron said unto all the children of Israel, What [are] we to do?

And Moses and Aaron said unto all the children of Israel in the wilderness:

And in the morning, then ye shall see the glory of the LORD; for that he heareth your murmurings against the LORD: and what [are] we, that ye murmur against us?

And Moses said, [This shall be], when the LORD shall give you in the evening flesh to eat, and in the morning bread to the full; for that the LORD heareth your murmurings.
And the LORD spake unto Moses, saying,

12 And I have hearkened the murmurings of the children of Israel: speak unto them, saying, At even ye shall eat flesh, and in the morning ye shall be filled with bread; and ye shall know that I am the LORD your God.

13 And it came to pass, as Aaron spake unto the whole congregation of the children of Israel, that they looked toward the wilderness, and behold, the glory of the LORD appeared in the cloud.

14 And the LORD spake unto Moses, saying,

15 This is the thing which the LORD hath commanded, Gather of it to-day: for every man shall take an omer for every soul of them, and an ephah for every man of the congregation, according to the number of souls of them, to eat; and it shall be as the number of days, which they have murmured against me, that they shall bear their iniquity.

16 And Moses spake unto Aaron, Say unto all the congregation of the children of Israel, This is the thing which the LORD commanded, Gather of it to-day and to-morrow, that it may be kept for you: gather an omer for every soul of you, and an ephah for every man of the congregation, to bear their iniquity. And Aaron did as the LORD commanded; he went into the midst of the congregation, and they gave him as the LORD commanded.
And the children of Israel did so, and gathered, some more, some less.

And when they did mete [it] with an omer, he that gathered much had nothing over, and he that gathered little had no lack; they gathered every man according to his eating.

And Moses said, Let no man leave of it till the morning.

Notwithstanding they hearkened not unto Moses; but some of them left of it until the morning, and it bred worms, and stank: and Moses was wroth with them.

And they gathered it every morning, every man according to his eating: and when the sun waxed hot, it melted.

And it came to pass, [that] on the sixth day they gathered twice as much bread, two omers for one [man]: and all the rulers of the congregation came and told Moses.

And he said unto them, This [is that] which the LORD hath said, To morrow [is] the rest of the holy sabbath unto the LORD: bake [that] which ye will bake [to day], and seethe that ye will seethe; [for] ye have kept the sabbath, therefore ye shall bake that which ye will bake, and seethe that ye will seethe.

And they laid it up till the morning, as Moses bade: and it did not stink, neither was there any worm therein.

And Moses said, Eat that to day; for to day [is] a sabbath unto the LORD: to
day ye shall not find it in the field.

20 Six days ye shall gather it; but on the seventh day, [which is] the sabbath, in it there shall be none.

27 And it came to pass, [that] there went out [some] of the people on the seventh day for to gather, and they found none.

28 And the LORD said unto Moses, How long refuse ye to keep my commandments and my laws?

29 See, for that the LORD hath given you the sabbath, therefore he gave you on the sixth day the bread of two days; abide ye every man in his place, let no man go out of his place on the seventh day.

30 So the people rested on the seventh day.

31 And the house of Israel called the name thereof Manna: and it [was] like coriander seed, white; and the taste of it [was] like wafers [made] with honey.

32 And Moses said, This [is] the word which the LORD commandeth, Fill an omer full of manna in the morning, and lay it up before the LORD, that they may see your generations; that they may know that I am the LORD that brought you out of Egypt.

33 And Moses said unto Aaron, Take a pot, and put fresh choice flour into it, after the omer, and add water, and strow it before the LORD, to bring forth bread from the earth.

34 As the LORD commanded Moses, so Aaron laid it up before the
And the children of Israel did eat manna forty years, until they came to a land inhabited; they did eat manna, until they came unto the borders of the land of Canaan.

Now an omer [is] the tenth [part] of an ephah.